



Uniquely Personal Ceremonies

Created with Care and Led from the Heart

Examples of Wording for Vows and Promises

‘Vows are love made tangible. They both reach from and speak to the heart. They advertise the love that brought you together and draw a blueprint for the love you intend to sustain.’

From ‘Weddings from the Heart’ by Daphne Rose Kingma

You might be writing totally original vows and have that all sorted, which is wonderful! But if you want some ideas about wording that can be used for wedding vows and promises – I’ve gathered some together for you here.

Use these in the way that suits you best. You might combine different lines from some of these examples. You might choose something as it is written here, or you might use these examples as inspiration for your own totally personalised vows or promises. Some of these are short and sweet, some are longer and more poetic...*make them yours*.

You can choose to read them to each other on the day or I can invite you to ‘repeat after me’ – or you can have a combination of both.

So here are the examples...

♥ I....., choose you, in the presence of everyone here, to be my wife/husband/partner. To love you, to be a comfort and safe haven in your life, to hold you close, to listen deeply when you are sad or angry, to learn compassion with you, to nourish you with my gentleness, to uphold you with my strength. To love your body as it ages, to weigh the effects of the words I speak and the things I do. To never take you for granted, but always be grateful for your presence.

- ♥ Today.....,I join my life to yours, not merely as your spouse, but as your best friend, your lover and confidant. Let me be the shoulder you lean on, the rock on which you rest, the companion in your life. With you I will walk my path from this day forward and cherish the beauty and the light that you bring to my life.
- ♥ , these are my promises to you:
- That I will love you freely, as the sky loves the bird, as the sunset loves the early evening.
- That I will love you grandly, with my tender fine emotions, with all my loving words and all my actions.
- That I will love you purely, with my honour, with my knowing, with all the best intentions of my being.
- That I will love you joyfully, with my body, with my laughter, with my light-hearted playfulness.
- That I will love you truly, with my finest kindness and my deepest care.
- That I will love you always, now, from this day forward, seamless, endless, and forever.



*What kind of vows suit you best - traditional...
or more modern, or a blend of both?*

- ♥ Do you....., take....., to be your wife/husband, to be your constant friend, your partner in life, and your true love? Do you vow to faithfully love him/her/them without reservation? Do you promise to honour and respect.....? Will you protect..... from harm, comfort..... in times of distress, and grow with..... in mind and spirit?
- ♥ , I want us to grow old together, dealing with all the ups and downs of life together. We will fall in love more each day and I promise to love and cherish you through whatever life may bring us.
- ♥ I promise as your wife/husband, I will love you and care for you through all that our lives bring. I promise you my lifelong commitment.
- ♥ I take you, as you are. Loving who you are now and who you are yet to become. I promise to love you, encourage you, trust and respect you. I vow to be with you always, for comfort and support, dancing and laughter, through whatever lies ahead for all of our days. As I have given you my hand to hold, so I give you my life to keep.
- ♥ I promise as your wife/husband, I will love you and care for you through all that our lives bring. I promise you my lifelong commitment.
- ♥ I....., promise to take you....., as my wedded husband/wife. I promise to share my life with you, and pledge to always love you. I promise to honour, respect you and tenderly care for you during the changing circumstances of our lives together.
- ♥ I.....,take you....., just the way you are. Loving what I know of you, trusting what I don't yet know; With respect for your integrity and faith in your abiding love for me; In all that life may bring us, I pledge my love.
- ♥ I promise to be your true partner in life. I will listen to you, I will laugh with you. I know that it won't always be an easy road, but we will reach the end of it together.

- ♥ I.....promise that as your wife/husband I will give you my most tender love, I will honour you with my body, I will fill up the wounds in your heart, and stand by your side in good times and bad. When things go easy for us and when they are difficult; when love is a gift and when it is an effort; when we are successful and prosperous and when uncertainty stands at the door.
- ♥ I give you my love, I give you my heart, I give you my hope, I give to you with joy all that I have to offer, for the rest of the days of my life; to delight in your body, to nourish your mind, to be at home with your spirit the way a star is at home in the sky; to celebrate your whole being with joy as the sun lights up the sea; to know you, love you, hold you, warm you, though all the days of our lives.
- ♥ Do you....., promise that as the husband/wife of..... you will love, care for and support him/her/them through all that your lives bring, cultivating and nurturing your relationship as a lifelong commitment?
- ♥ I commit to you now and forever. You already fill my heart and now I commit to sharing the rest of myself with you until the end of our days.
- ♥ I loved you yesterday. I love you today, and I promise to love you in all of my tomorrows. As your husband / wife, I will be your faithful soul mate to share with you whatever life sends us. Let me go with you. Wherever you go, I will go.
- ♥ I choose you....., to be my wife/husband, as my friend and love. On this day I affirm the relationship we have enjoyed, looking to the future and to keep and strengthen it. I will be yours in plenty and in want, in sickness and in health, in failure and in triumph. Together we will dream, and live as one while respecting one another, we will stumble but restore each other, we will share all. I will cherish, comfort and encourage you, be open with you, and stay with you as long as I shall live.

- ♥ I love you with all my heart and soul. You are my whole world and I give everything of myself to you and promise to care for you always.
- ♥ I give you my hand to hold and my life to keep. I will love you and trust you, care for you and keep you close to me forever.
- ♥ I love you, Thank you for loving me through all the times we have already had together and for all the joy that you have brought to my life. Through all the years to come, I promise to love you even more as we look to the future together.
- ♥ I love and admire so much about you. You are generous, beautiful and fun-loving. You are compassionate, thoughtful and honest. To those that know you best, you are also playful, mischievous with a wicked sense of humour. I am so lucky to be part of your life.

‘Every heart sings a song, incomplete, until another heart
whispers back. Those who wish to sing always find a song. At the
touch of a love, everyone becomes a poet.’ Anonymous

- ♥ You always know how to bring the best out of me; whether it's raising my spirits after a set-back or difficult day or giving me a knowing look when you know I need the reassurance. You know me better than I know myself and you've seen the worst of me, yet still love me as I am. I hope to offer you everything that you need from me in return. Reassuring looks, a comforting touch, and un-ending love, support, trust and friendship.
- ♥ I commit myself to stand by you and walk with you forever. I will help and encourage you and share your laughter and tears. I will be your partner and your best friend throughout our future years whatever they hold for us.
- ♥ I give my love to you from this day on with all my heart, my soul and mind, forever and always.

- ♥ I will give to you everything that I can give and will ask of you no more than you can give to me. I accept you for who you are, the man / woman that I fell in love with.
- ♥ As you celebrate your marriage to..... do you....., promise to cherish and respect him/her/them, to comfort and encourage....., to love and support....., and be faithful to.....till the end of your days.
- ♥ My love towards you is a conscious choice that I will be carefully keeping until the end. I choose you thanks to past and future challenges which make us so strong and unbeatable. I choose us thanks to all of the great opportunities that are awaiting us in our bright brilliant future. I choose you because you are my soulmate and I know that nothing can be better than being yourself with someone who is just like you and wants the same things as you do.
- ♥ Before I met you, I never knew that I would be capable of experiencing such love, happiness and stability. You bring this and so much more to my life and for this I will be eternally gratefully. I promise to be side by side with you, shoulder to shoulder and hand in hand with you everyday. Me, as your wife/husband, you, as my husband/wife. Thank you for being you and thank you for being in my life.
- ♥ And here is a reminder that you can personalise any of these with your own unique words to each other. And of course if you want, you can be really playful with this - you can add in vows such as...
 - I promise to put the lid back on the toothpaste.
 - I vow that I will love you even when you are grumpy.
 - I vow that I will not take all of the duvet.
 - or something like...I promise to wash up after you have cooked, to sing along with you when you don't know the words, and to buy you mint choc chip ice cream when you have a bad day.



*Here are some examples of vows with a lighthearted touch added in...
be sure to make yours original and personal to you!*

- ♥ As the saying goes " You had me at hello" and you showed up when I least expected you, today I take you as my husband/wife. I love the fact that you would do anything for me, our children, our family and our friends. You bring us all so much happiness and for that I am so honoured to become your wife/husband. I promise to always be there for you and all our children, no matter what life throws at us; I promise that laughter and fun will always be in our house; I promise to admit when I am wrong, no matter how hard that may be; I promise to appreciate your guitar playing more and I promise to try to keep the bathroom tidier. But most of all I promise to be your true companion always, for one lifetime with you can never be enough.
- ♥ I....., take you....., to be my husband, the mother/father of my children. I will respect you and love you unconditionally. I promise to not strike up random conversation when you are watching (their favourite team) , to tidy up my side of the bed and to accept your (special item) is here to stay. Above all I vow to devote my life to make you and the children happy, and to be the best partner I can be.

- ♥ I promise to love you as much as I love ginger beer and promise not to hold your obsession with stilton cheese against you. I will not bore you with the plot lines of my favourite tv shows and I will not complain when you check your emails on your day off. I promise to update my Facebook to 'married,' by the end of the day and in all of our ups and downs, I will always be by your side. I adore you.
- ♥ I stand here today to declare how much I love you and to tell you how happy I am that we're starting this new chapter in our lives. I love all of you, even the annoying things that drive me crazy. Your inability to put clothes in the laundry basket, the way you try to put chilli in everything you cook when you know I don't like it. But because there is so much about you that is so special, I can easily forget your annoying ways, as I'm sure you do mine. I love the way that you love and support me so fiercely and loyally. The way that you put my happiness above your own at times and the way that you always have my back. I love all that we've been, all that we are now and all that we be in the future, because our future is us.

Here's a reminder that you can make your vows into a simple 'I do'. Do this with any of your vows by making them into a question that I ask you in the ceremony. Simplifying your vows like this can be helpful if you feel a bit daunted by speaking in front of all your guests. This is an example...

- ♥ andas you make your vows to each other today, I ask you....., do you promise to love, to cherish and respect him/her/them, comfort and encourage him/her/them, and be faithful to him/her/them till the end of your days?

I hope you find this resource useful!

I have a couple of other resources designed to make the process of writing and saying your vows easier.

[Making Vows Easy](#) & [Types of Vows](#)